

# An action approach to nodal and least energy normalized solutions for NLS

Séminaire MAC  
Institut de mathématiques de Toulouse

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Joint work with Colette De Coster (CERAMATHS/DMATHS, Valenciennes, France),  
Simone Dovetta and Enrico Serra (Politecnico di Torino, Italy)

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- you!

# The paper



De Coster C., Dovetta S., Galant D., Serra E.

*An action approach to nodal and least energy normalized solutions for nonlinear Schrödinger equations.* ArXiv preprint:

<https://arxiv.org/abs/2411.10317>

Accepted for publication in Annales de l'Institut Henri Poincaré C - Analyse non linéaire (2025).



# The nonlinear Schrödinger *evolution* equation

We consider the problem

$$\begin{cases} i\partial_t\psi = -\Delta\psi - |\psi|^{p-2}\psi, & (t, x) \in [0, T[ \times \Omega, \\ \psi(t, x) = 0, & (t, x) \in [0, T[ \times \partial\Omega, \\ \psi(0, x) = \psi_0(x), & \psi_0 : \Omega \rightarrow \mathbb{C}, x \in \Omega \end{cases} \quad (\text{NLS}_{\text{evol}})$$

where

- $\psi : [0, T[ \times \Omega \rightarrow \mathbb{C}$ ,  $\Omega$  *bounded* domain in  $\mathbb{R}^N$ ,  $N \geq 1$ ;
- $i^2 = -1$ ;
- $\partial_t\psi$  is the derivative with respect to the time variable;
- $\Delta = \sum_{1 \leq i \leq N} \partial_{x_i}^2$  is the Laplacian on  $\Omega$ ;
- $p > 2$  is a real parameter.

# Conservation laws

At least formally, the  $L^2$  norm (the *mass*)

$$\|\psi(t, \cdot)\|_{L^2}^2 := \int_{\Omega} |\psi(t, x)|^2 dx$$

and the *energy*

$$E(\psi(t, \cdot)) := \frac{1}{2} \int_{\Omega} |\nabla_x \psi(t, x)|^2 dx - \frac{1}{p} \int_{\Omega} |\psi(t, x)|^p dx$$

are preserved during the evolution.

# Solitary wave solutions

Opposed to blow-up: *solitary waves* of the form

$$\psi(t, x) = e^{i\lambda t} u(x)$$

where  $u \in H_0^1(\Omega; \mathbb{R}) = H_0^1(\Omega)$  is a solution of

$$-\Delta u + \lambda u = |u|^{p-2} u. \quad (\text{NLS})$$

Some vocabulary:

- $\lambda \in \mathbb{R}$  is the *frequency* of the solitary wave;
- $\|u\|_{L^2}^2 = \|\psi(t, \cdot)\|_{L^2}^2$  is its *mass*.

# Two problems

## Problem

*Given  $\lambda \in \mathbb{R}$ , how to find a nonzero stationary wave of frequency  $\lambda$ ?*

## Problem

*Given  $\mu > 0$ , how to find a stationary wave of mass  $\mu$ ?*

Vocabulary: solutions with a prescribed mass are usually called *normalized solutions*.

# Two functionals

We recall that the *energy functional* is given by

$$E(u) := \frac{1}{2} \int_{\Omega} |\nabla u|^2 \, dx - \frac{1}{p} \int_{\Omega} |u|^p \, dx.$$

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Given  $\lambda \in \mathbb{R}$ , we also define the *action functional* by

$$\begin{aligned} J_{\lambda}(u) &:= E(u) + \frac{\lambda}{2} \int_{\Omega} |u|^2 \, dx \\ &= \frac{1}{2} \int_{\Omega} |\nabla u|^2 \, dx + \frac{\lambda}{2} \int_{\Omega} |u|^2 \, dx - \frac{1}{p} \int_{\Omega} |u|^p \, dx. \end{aligned}$$

# Variational formulations

## Proposition

*Given  $2 < p < 2^*$  and  $\lambda \in \mathbb{R}$ , solutions of frequency  $\lambda$  correspond to critical points of  $J_\lambda$  on  $H_0^1(\Omega)$ .*

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## Proposition

*Given  $2 < p < 2^*$  and  $\mu > 0$ , normalized solutions of mass  $\mu$  correspond to constrained critical points of  $E$  on the  $L^2$ -sphere*

$$\mathcal{M}_\mu := \left\{ u \in H_0^1(\Omega) \mid \|u\|_{L^2(\Omega)} = \mu \right\}.$$



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In the case of normalized solutions, the parameter  $\lambda$  in the PDE will appear as a Lagrange multiplier associated with the constraint.

# Lower boundedness of the energy functional

## Proposition

Let  $2 < p < 2^*$  and  $\mu > 0$ . Then:

- if  $2 < p < 2 + 4/N$ ,

$$\inf_{\mathcal{M}_\mu} E > -\infty;$$

- if  $2 + 4/N < p < 2^*$ ,

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The boundedness follows from the Gagliardo-Nirenberg inequality

$$\|u\|_{L^p} \leq C(p) \|u\|_{L^2}^{1-s} \|\nabla u\|_{L^2}^s, \quad s := \frac{(p-2)N}{2p}.$$

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and the unboundedness by considering the limit  $t \rightarrow +\infty$  for a family  $t^{N/2}\psi(tx)$ , with constant  $L^2$ -norms, obtained by scaling a fixed profile.

# A classic result and two questions

## Proposition

*When  $\mu > 0$  and  $2 < p < 2 + 4/N$ , then minimizers for  $E$  on  $\mathcal{M}_\mu$  exist, have a constant sign and are normalized solutions of (NLS). They are called energy ground states.*

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Answers: given by the results of the talk!



# The fixed frequency case

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However, the functional  $J_\lambda$  is not bounded from below on  $H_0^1(\Omega)$ , since if  $u \neq 0$  then

$$J_\lambda(tu) = \frac{t^2}{2} \|\nabla u\|_{L^2(\Omega)}^2 + \frac{\lambda t^2}{2} \|u\|_{L^2(\Omega)}^2 - \frac{t^p}{p} \|u\|_{L^p(\Omega)}^p \xrightarrow{t \rightarrow +\infty} -\infty.$$

# The Nehari manifold

A common strategy is to introduce the *Nehari manifold*  $\mathcal{N}_\lambda$ , defined by

$$\begin{aligned}\mathcal{N}_\lambda &:= \left\{ u \in H_0^1(\Omega) \setminus \{0\} \mid J'_\lambda(u)[u] = 0 \right\} \\ &= \left\{ u \in H_0^1(\Omega) \setminus \{0\} \mid \|\nabla u\|_{L^2(\Omega)}^2 + \lambda \|u\|_{L^2(\Omega)}^2 = \|u\|_{L^p(\Omega)}^p \right\}.\end{aligned}$$

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If  $u \in \mathcal{N}_\lambda$ , then

$$J_\lambda(u) = \left( \frac{1}{2} - \frac{1}{p} \right) \|u\|_{L^p(\Omega)}^p.$$

In particular,  $J_\lambda$  is bounded from below on  $\mathcal{N}_\lambda$ .

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## Proposition

Given  $\lambda > -\lambda_1(\Omega)$  and  $2 < p < 2^*$ , then minimizers for  $J_\lambda$  on  $\mathcal{N}_\lambda$  exist, have a constant sign and are solutions of (NLS) having frequency  $\lambda$ . They are called *action ground states*.

# Nodal action ground states

One defines the nodal Nehari set by

$$\mathcal{N}_\lambda^{nod} := \left\{ u \in H_0^1(\Omega) \mid u^\pm \in \mathcal{N}_\lambda(\Omega) \right\}.$$

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Theorem (Castro, Cossio, Neuburger 1997; Bartsch-Weth 2003)

*Given  $\lambda > -\lambda_2(\Omega)$  and  $2 < p < 2^*$ , then minimizers for  $J_\lambda$  on  $\mathcal{N}_\lambda^{nod}$  exist, have two nodal zones and are solutions of (NLS) having frequency  $\lambda$ . They are called nodal action ground states.*



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*Remark: I will use the terms “sign-changing” and “nodal” interchangeably, as the contrary of “one-signed”.*

# Comparison of the two settings so far

Abbreviation: “ground state”  $\rightarrow$  GS

	$2 < p < 2 + 4/N$	$2 + 4/N < p < 2^*$
Positive solution	Energy GS	?
Sign-changing solution	?	?

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	$2 < p < 2 + 4/N$	$2 + 4/N < p < 2^*$
Positive solution	Action GS	Action GS
Sign-changing solution	Nodal action GS	Nodal action GS

The fixed action  $\lambda$  case

## Sign-changing normalized solutions

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In the literature, there is no equivalent of the nodal Nehari set for normalized solutions and it is in fact very unclear if such a nice “codimension two constraint” does exist for this problem.

## Positive normalized solutions in the $L^2$ -supercritical regime

Since pioneering work by Jeanjean in the late 90s, there have been many studies devoted to the existence of positive normalized normalized solutions in the  $L^2$ -supercritical regime  $2 + 4/N < p < 2^*$ .

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While remarkably successful for autonomous PDEs set on  $\mathbb{R}^N$ , those techniques impose a lot of restrictions on the domain under study.

# The $L^2$ -supercritical regime on domains

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Notably, the authors point out that, in the  $L^2$ -supercritical regime on a bounded domain, sequences of solutions having a bounded Morse index are bounded in  $L^2$ .

## Action versus energy ground states

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Proposition (Dovetta-Serra-Tilli<sup>(\*)</sup> 2022)

*Let  $2 < p < 2 + 4/N$  and  $\Omega$  be bounded.*

*Then if energy ground states do exist, they are necessarily action ground states for the corresponding  $\lambda$ . The converse is not necessarily true!*



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(\*) This statement was more or less known in the literature before the DST paper, but not considered from the point of view of the systematic comparison of both notions of GS.

# Action versus energy ground states (continued)

## Theorem (Dovetta-Serra-Tilli 2022)

Let  $2 < p < 2 + 4/N$  and  $\Omega$  be bounded.

For any  $\mu > 0$ , define

$$\mathcal{E}(\mu) := \inf_{u \in \mathcal{M}_\mu} E(u)$$

and, for every  $\lambda \in \mathbb{R}$ , define

$$\mathcal{J}(\lambda) := \inf_{u \in \mathcal{N}_\lambda} J_\lambda(u).$$

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Then,  $-\mathcal{E}(2\mu)$  is the Legendre-Fenchel transform of  $\mathcal{J}$ . Namely, one has

$$-\mathcal{E}(2\mu) = \sup_{\lambda \in \mathbb{R}} \left( \lambda\mu - \mathcal{J}(\lambda) \right).$$

# Main message

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## Main message

The convex duality we just saw is a *method* !!!

More precisely:

- using such a “convex duality argument” from the action ground states when  $2 + 4/N < p < 2^*$  will *also* produce normalized solutions;
- doing so from the nodal action GS will produce sign-changing normalized solutions, which is new for all  $2 < p < 2^*$ .

# Our result (for positive solutions)

## Theorem (De Coster-Dovetta-G.-Serra 2025)

Let  $\Omega \subset \mathbb{R}^N$  be open and bounded and, for every  $2 < p < 2^*$ , let

$$M_p := \left\{ \|u\|_{L^2(\Omega)}^2 \mid u \in \mathcal{N}_\lambda(\Omega) \text{ and } J_\lambda(u) = \mathcal{J}(\lambda) \text{ for some } \lambda \in \mathbb{R} \right\}$$

be the set of masses of all action ground states. Then,



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be the set of masses of all action ground states. Then,

- (i) if  $2 < p < 2 + 4/N$ , then  $M_p(\Omega) = (0, +\infty)$ ;
- (ii) if  $2 + 4/N < p < 2^*$ , then there exist  $0 < \mu_p < +\infty$  such that  $M_p = (0, \mu_p]$ .

*Isn't that quite obvious?*

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One may argue that obtaining *intervals of masses* is a trivial consequence of the intermediate value theorem.

This would be true *if* the map  $\lambda \mapsto u_\lambda$  mapping  $\lambda$  to the action GS had good continuity properties, *which is expected to be wrong in general!*

In fact, this map is not even well-defined as action GS might not be unique.

# Properties of the action level map $\lambda \mapsto \mathcal{J}(\lambda)$

## Proposition

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Let  $2 < p < 2^*$ . Then:

- (i) For every  $\lambda \leq -\lambda_1$ ,  $\mathcal{J}(\lambda) = 0$  and action ground states in  $\mathcal{N}_\lambda(\Omega)$  do not exist.

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Let  $2 < p < 2^*$ . Then:

- (i) For every  $\lambda \leq -\lambda_1$ ,  $\mathcal{J}(\lambda) = 0$  and action ground states in  $\mathcal{N}_\lambda(\Omega)$  do not exist.
- (ii) For every  $\lambda > -\lambda_1$ ,  $\mathcal{J}(\lambda) > 0$  and action ground states in  $\mathcal{N}_\lambda(\Omega)$  exist.



# Properties of the action level map $\lambda \mapsto \mathcal{J}(\lambda)$

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- (iii) The function  $\mathcal{J} : \mathbb{R} \rightarrow \mathbb{R}$  is locally Lipschitz continuous and increasing on  $[-\lambda_1, +\infty)$ .

Moreover, “derivatives of  $\mathcal{J}$  give  $L^2$ -masses of action ground states” (to be precised).

# A completely wrong argument

But still a good heuristic :-)

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Of course, we have that  $\mathcal{J}(\lambda) = J_\lambda(u_\lambda)$  for a **varying** action GS  $u_\lambda$  (they must be in different Nehari manifolds!). It just so happens that the action GS change “little enough” that the leading term is the same than if the minimizer was fixed, which is extremely convenient.

# A correct version of the heuristic argument

## Proposition

*Let  $2 < p < 2^*$  and define*

$$Q_p(\lambda) := \left\{ \|u\|_2^2 \mid u \in \mathcal{N}_\lambda(\Omega) \text{ and } J_\lambda(u, \Omega) = \mathcal{J}(\lambda) \right\}.$$

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be the set of masses of action ground states. Then, we have

$$\begin{aligned} \lim_{\varepsilon \rightarrow 0^+} \frac{\mathcal{J}(\lambda + \varepsilon) - \mathcal{J}(\lambda)}{\varepsilon} &= \frac{1}{2} \inf Q_p(\lambda) \\ &\leq \frac{1}{2} \sup Q_p(\lambda) = \lim_{\varepsilon \rightarrow 0^-} \frac{\mathcal{J}(\lambda + \varepsilon) - \mathcal{J}(\lambda)}{\varepsilon}, \end{aligned}$$



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Moreover, for every  $\lambda$  outside an at most countable set, all action ground states have the same mass (i.e.,  $Q_p(\lambda)$  is a singleton).

# A miracle

## Proposition (Key proposition)

Let  $\mu > 0$  and  $2 < p < 2^*$ . Assume that  $\lambda_* > -\lambda_1(\Omega)$  is a local minima of the map  $f_\mu : [-\lambda_1, +\infty) \rightarrow \mathbb{R}$  defined by

$$f_\mu(\lambda) := \mathcal{J}(\lambda) - \frac{1}{2}\mu\lambda.$$

Then,  $\mathcal{J}$  is differentiable for  $\lambda = \lambda_*$  and one has that  $\mathcal{J}'(\lambda_*) = \mu$ , so that all action ground states with  $\lambda = \lambda_*$  have mass  $\mu$ .

# Proof of the key proposition

## Proof.

At a minimum point, one must have

$$\limsup_{\varepsilon \rightarrow 0^-} \frac{f_\mu(\lambda_* + \varepsilon) - f_\mu(\lambda_*)}{\varepsilon} \leq 0 \leq \liminf_{\varepsilon \rightarrow 0^+} \frac{f_\mu(\lambda_* + \varepsilon) - f_\mu(\lambda_*)}{\varepsilon},$$



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But we just saw that the reverse inequality holds!



## Interlude: Darboux’s Theorem for derivatives

Somehow, we just proved a “Darboux-type” result theorem for  $\mathcal{J}'$  (even though  $\mathcal{J}'$  is not pointwise well-defined). As a comparison, here is Darboux’s original theorem.

### Theorem (Darboux 1875)

*Let  $f : I \rightarrow \mathbb{R}$  be differentiable, where  $I$  is an interval. Then,  $f'(I)$  is an interval.*

# Jean-Gaston Darboux (1842 – 1917)

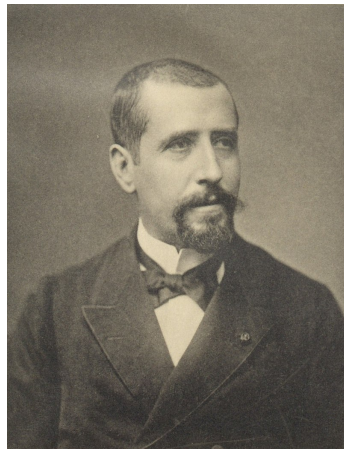


Image from Wikimedia Commons.

# Asymptotic behavior of $\mathcal{J}$ : $\lambda \rightarrow -\lambda_1$

## Proposition

*For every  $2 < p < 2^*$ , there exist  $C_1, C_2 > 0$  such that for every  $\lambda \geq -\lambda_1$ ,*

$$\mathcal{J}(\lambda) \leq C_1(\lambda + \lambda_1)^{\frac{p}{p-2}}$$

$$\mathcal{J}(\lambda) \geq C_2 \min \left( 1, \frac{\lambda + \lambda_1}{\lambda_1} \right)^{\frac{p}{p-2}}.$$



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$$\mathcal{J}(\lambda) \geq C_2 \min \left( 1, \frac{\lambda + \lambda_1}{\lambda_1} \right)^{\frac{p}{p-2}}.$$

In particular,

$$\frac{\mathcal{J}(\lambda)}{\lambda + \lambda_1} \xrightarrow[\lambda \rightarrow -\lambda_1]{\lambda > -\lambda_1} 0.$$

# Asymptotic behavior of $\mathcal{J}$ : $\lambda \rightarrow +\infty$

## Proposition

We have

$$\lim_{\lambda \rightarrow +\infty} \frac{\mathcal{J}(\lambda)}{\lambda} = \begin{cases} +\infty & \text{if } 2 < p < 2 + 4/N, \\ 0 & \text{if } 2 + 4/N < p < 2^*. \end{cases}$$

# Putting it all together

Using the asymptotic results, we are able to show that the map  $\lambda \mapsto \mathcal{J}(\lambda) - \frac{1}{2}\mu\lambda$  has local minima:

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This proves our announced results for positive solutions.

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ceases to be a norm;

- we have to rely on Bartsch-Weth’s (non-trivial!) result to obtain existence of nodal action ground states when  $-\lambda_2 < \lambda \leq -\lambda_1$ ;
- the claims can be adapted quite naturally to the nodal setting and proved in analogous ways, up to the above remarks. I refer to the paper for details!

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We may however be interested in least energy normalized (nodal) solutions, namely solutions having least energy among all (nodal) solutions.

For instance, Jeanjean’s seminal 1997 paper produces least energy normalized solutions on  $\mathbb{R}^N$ .

# Pohožaev's identity

The following identity is often useful in the study of semilinear elliptic PDEs and follows by *clever* integration by parts.

## Proposition (Pohožaev's identity, 1965)

*Let  $2 < p < 2^*$ ,  $\Omega$  have a smooth boundary and  $u$  be a solution to (NLS). Then, one has*

$$\frac{N-2}{2} \|\nabla u\|_2^2 - \frac{N}{p} \|u\|_p^p + \frac{\lambda N}{2} \|u\|_2^2 + \frac{1}{2} \int_{\partial\Omega} |\partial_\nu u|^2 x \cdot \nu \, d\sigma = 0.$$

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Remark: when  $\Omega = \mathbb{R}^N$ , *there is no boundary term!* This is why this identity is much more powerful on  $\mathbb{R}^N$  than on domains.



# Star-shaped domains

## Corollary

*If  $\Omega$  is star-shaped, then*

$$\frac{N-2}{2} \|\nabla u\|_2^2 - \frac{N}{p} \|u\|_p^p + \frac{\lambda N}{2} \|u\|_2^2 \leq 0.$$

## Corollary

*If  $\Omega$  is star-shaped and  $u$  is a solution of (NLS), then*

$$E(u) \geq \frac{N(p - p_c)}{4p} \|u\|_p^p, \quad p_c := 2 + 4/N.$$

*In particular, on star-shaped domains, all solutions have a positive energy in the  $L^2$ -supercritical case!*

# The result (for positive solutions)

## Theorem (De Coster-Dovetta-G.-Serra 2025)

*Let  $\Omega$  be bounded, open, smooth and star-shaped and  $2 < p < 2^*$ . Then:*

- *if  $2 < p < 2 + 4/N$ , then least energy normalized (nodal) solutions do exist for all masses;*
- *if  $2 + 4/N < p < 2^*$ , then least energy normalized (nodal) solutions do exist for all small masses.*

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- *if  $2 + 4/N < p < 2^*$ , then least energy normalized (nodal) solutions do exist for all small masses.*

Main idea: using the consequences of Pohožaev's identity, we show that solutions having a small mass must correspond to  $\lambda$  close enough to  $-\lambda_1$  (for GS) or to  $-\lambda_2$  (for nodal GS), corresponding to cases we can handle with the “action approach”.

## A counterintuitive fact when $p = 2 + 4/N$

One can show that least energy solutions (resp. least energy nodal solutions) exist for all  $\mu \in (0, \mu_N)$  (there are possibly more), resp. for all  $\mu \in (0, 2\mu_N)$ , where  $\mu_N$  is the mass of the corresponding soliton on  $\mathbb{R}^N$ .

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In the critical and supercritical cases...

least energy solutions may exist **and be nodal!**

This strikingly shows that not all properties of energy ground states transfer to least energy normalized solutions.



## A (difficult?) open question

If  $\Omega$  is not star-shaped, it is known that negative energy solutions can exist. This can be explored by studying such problems on metric graphs, which often lead to “simple” non-star-shaped domains.

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### Question

*Is there an intricate smooth bounded domain  $\Omega$ , an exponent  $2 + 4/N < p < 2^*$  and a mass  $\mu$  for which there exist a sequence of normalized solutions of mass  $\mu$  whose energy go to  $-\infty$ ?*

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My guess... *maybe yes, actually?*



*Merci beaucoup!*

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## Sign-changing normalized solutions



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